



Read To Self



STAMINA

Month: _____

Extra																																							
20																																							
19																																							
18																																							
17																																							
16																																							
15																																							
14																																							
13																																							
12																																							
11																																							
10																																							
9																																							
8																																							
7																																							
6																																							
5																																							
4																																							
3																																							
2																																							
1		Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day		
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							