

Sound & District Primary School
Physical Education Yearly Overview
Updated July 2020



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	National Sports Week – taster sessions for 'new' sports/activities	Summer 2
R	Gymnastics & Body Management	Gymnastics & Christmas Play	Dance & Swimming	Co-operation & Solve problems & Swimming	Speed, Agility & Travel & Athletics		Manipulation and co-ordination & Rounders
Y 1	Attack, Defend and Shoot (Netball)	Gymnastics & Tag Rugby	Dance & Swimming	Hit, Catch and Run & Swimming	Run, Jump and throw & Athletics		Send and Return & Rounders
Y2	Attack, Defend and Shoot (Netball)	Gymnastics & Tag Rugby	Dance & Swimming	Hit, Catch and Run	Swimming & Run, Jump and throw		Swimming & Send and Return (Rounders)
Y 3	Tag Rugby & Netball	Lacrosse & Handball	Dance & Football	Tennis & Gymnastics	Athletics & Cricket		OAA & Rounders
Y4/5	Tag Rugby & Hockey	Handball & Netball	Football & Dance	Gymnastics & Tennis	Athletics & Cricket		OAA & Rounders
Y 5/6	Tag Rugby & Netball	Hockey & Handball	Dance & Gymnastics	Football & Tennis	Athletics & Cricket		OAA & Rounders
Intra-competition	Netball competition – final week of ½ term all classes to play competition – all pupils involved.	KS2 Handball Competition – ball skills – final week of ½ term R and KS1 Gymnastics performance – final	Whole school to generate dances for display for school (whole class or groups)	KS2 Tennis competition – final week of ½ term R & KS1 to generate small competition	R, KS1 & KS2 Sports Day		Whole school rounder's competition (including staff v children) Y6 v staff!

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	KS1 & KS2 tournament. (R to generate small competition e.g. team relays etc with ball skills)	week of ½ term		involving passing, catching & some hitting		
Teams/inter competition	Netball & Football team training begins. Inter-school competitions Football Netball Tag Rugby	Netball, Football & Sports hall Athletics training commences/continues. Inter-school competitions Football Netball	Inter-school competition Golden Mile club commences & Indoor Athletics continues.	Cricket trails & team training begins. Inter-school competitions Cricket	Athletics teams chosen & training begins. Interschool competition Athletics	Netball & Football trials and teams chosen ready for September. Inter-school competition Rounders

Resources

- Netball – skills activities provided
- Gymnastics & Dance – LCP file
- Cricket – English Cricket skills cards
- Athletics – Elevating Athletics resource file & NASUWT Awards scheme
- Tennis – England Tennis coaching cards