



**Sound & District Primary School**  
**Physical Education Yearly Overview**  
**Updated July 2021**



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	National Sports Week – taster sessions for 'new' sports/activities	Summer 2
<b>R</b>	Running and Jumping	Body Control and Gymnastics	Striking and Kicking	Multi-Skills	Swimming & Throwing and Catching		Swimming & Opportunity for year specific catch up
<b>Y 1</b>	Catching & Running	Gymnastics (XMAS Show)	Football & Jumping	Multi-Skills	Swimming & Athletics		Swimming & Striking and fielding
<b>Y2</b>	Tag Rugby	Gymnastics (XMAS SHOW)	Swimming & Hockey	Swimming & Kicking	Bouncing & Athletics		Swimming & Cricket
<b>Y 3</b>	Tag Rugby & Thai Kwando	Hockey & Gymnastics	Football & Swimming	Net Wall Tennis & Swimming	Kicking & Athletics		Cricket & Striking and Fielding
<b>Y4/5</b>	Swimming & Netball	Swimming & Tag Rugby	Football & Kicking	Net Wall Tennis & Catching	Athletics & Gymnastics		Striking and Fielding
<b>Y 5/6</b>	Swimming & Netball	Swimming & Tag Rugby	Football & Kicking	Net Wall Tennis & Catching	Athletics & Gymnastics		Striking and Fielding
<b>Intra-competition</b>	Y5/6 & Yr 4/5 Netball competition Yr 2/3 Tag	R and KS1 & Y3 Gymnastics performance – final week of ½ term	Year 4/5 & 5/6 Football competition All other classes in		R, KS1 & KS2 Sports Day		



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	Rugby Competition Reception & Year 1 Running competition	Yr 4/5 & 5/6 Tag Rugby Competition	class competitions				
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**Resources**

Amaven App!

Netball – skills activities provided

Gymnastics & Dance – LCP file

Cricket – English Cricket skills cards

Athletics – Elevating Athletics resource file & NASUWT Awards scheme

Tennis – England Tennis coaching cards