



# Sound and District Primary School

## Weekly Newsletter : 27.01.23

Our Children are  
the Future



### Mrs. Minshall—Thomas' Star Moments

It has been a great week at Sound with a focus at the beginning of the week on Chinese New Year. In assembly, we looked at how it is celebrated and the similarities to other celebrations around the world. It has also been another sporty week with swimming, gymnastics and athletics. On Thursday, Mrs Dale and Miss Wade took the Year 5&6 children to the athletics final at Brine Leas. The children were fantastic and we were very proud of each and every one of them. We now have a rural school final in late March to look forward to at Ellesmere Port—more information to follow. Finally, a great end to the week sharing everybody's achievements in school in our Celebration Assembly.

### What's happening next week....



Our weekly focus in assembly next week is on 'Respect'. On Thursday, we are looking forward to seeing our Year 1 parents as they join the children for lunch. Also next week, the whole school will be taking part in NSPCC number day as part of their maths lessons.



Football Tournament  
on Thursday 2nd  
February at 3pm at  
Nantwich Town.  
Further matches  
coming for those  
not playing next  
week.



## New Year Reminders

### Microsoft Teams

Please check out your child's Microsoft Teams page. I will be sharing assembly links and other relevant information of aspects covered in school.



Microsoft Teams

### Car Parking

Please can we not use the front car park for dropping off in the morning for school.

### Upcoming Events (in red new date)

- 3.2.23—NSPCC Number Day
- 6.2.23—Children's Mental Health Week





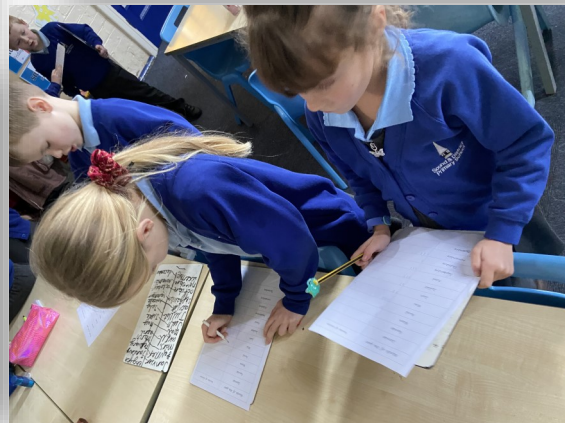
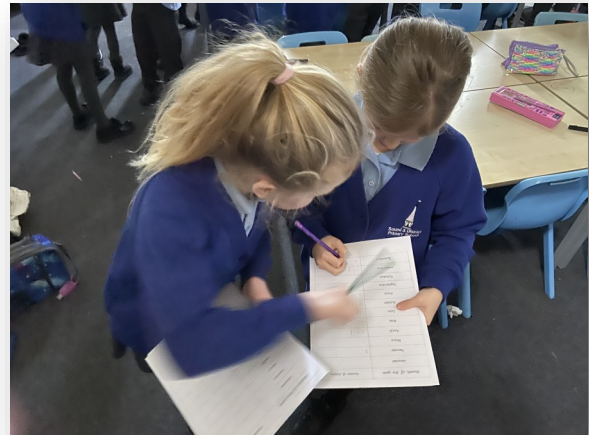
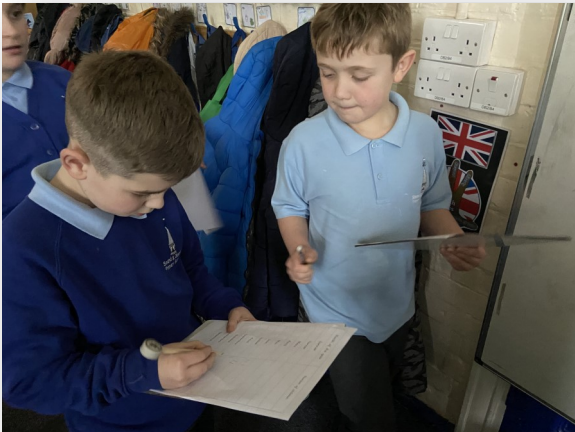
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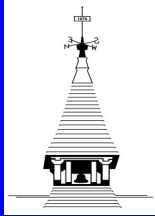
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### Opal Class French Fun!





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## Online Safety

12 Top Tips for  
**BUILDING CYBER RESILIENCE AT HOME**

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off, streaming services for shows and movies on demand, games consoles, smart speakers, phones, laptops... the list goes on. As we introduce each new gadget to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

**WHAT IS 'CYBER RESILIENCE'?**

Cyber resilience focuses on three key areas: reducing the likelihood of a cyber attack gaining access to our accounts, devices or data; reducing the potential impact of a cyber incident; and making the recovery from a cyber attack easier, should we ever fall victim to one.

**1. PASSWORDS: LONGER AND LESS PREDICTABLE**

The longer, less common and predictable a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's Three Golden Rules guidelines are ideal for creating a long password which is easy to remember but hard to guess.

**2. AVOID RE-USING PASSWORDS**

When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access to your accounts and password for one site or service, they'll definitely try them on others.

**3. USE A PASSWORD MANAGER**

A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password. Look for a Password manager that keeps all your personal password managers.

**4. BACK UP YOUR DATA**

Keep a copy of your data using Google One, OneDrive or another reputable cloud-based storage solution. It is extremely important sensitive information, you could even consider keeping more than one backup on separate USB drive or similar device, for example.

**5. ENABLE MULTI-FACTOR AUTHENTICATION (MFA)**

Multi-factor authentication is where you need access to your phone (or another device, for example) as well as your password to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.

**6. CHOOSE RECOVERY QUESTIONS WISELY**

Some services let you set 'recovery questions' such as your birthplace or a pet's name - to ease you forget your password. Take care not to use information you could have revealed (or are likely to be hacked) can reveal details about you and make your cyber resilience look far weaker.

**7. SET UP SECONDARY ACCOUNTS**

Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up early so that if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.

**8. KEEP HAVING FUN WITH TECH**

Consider our tips in relation to the products and online services your household uses. Protect yourself and your family, and don't let the best parts of technology and the internet be hijacked by cyber criminals. It's a lot of fun - so as long as you keep safety and security in mind, don't stop enjoying your tech.

**9. CHECK FOR BREACHES**

You can check if your personal information has been involved in any known data breaches by entering your email address at <https://www.nationalcybersecurity.gov.uk/your-account>. If you find a breach, you should act quickly to change your password and other security settings.

**10. CHANGE DEFAULT IOT PASSWORDS**

Devices from the Internet of Things (IoT), such as smart home appliances, are often supplied with default passwords. This makes them easier to set up, but also less secure - changing a default password to something more secure, or change them on your IoT devices as soon as possible.

**11. KEEP HOME DEVICES UPDATED**

Download official software updates for your household's mobile phones, laptops, tablets and other internet-connected devices regularly. Security improvements and fixes are a key feature of these updates - so by installing each device's current software, you're making them more secure.

**12. STAY SCEPTICAL**

Cyber criminals commonly use various methods, including phishing, text messages and social media posts. Be cautious of any messages or posts that are out of the ordinary or offer something too good to be true, or to come from someone you know.

**Meet Our Expert**

David Henderson is the National Cyber Security Centre's first Chief Executive. He has over 20 years of experience in the security industry, including roles in the UK's most senior security organisations. He is a frequent speaker at security conferences and has been featured in the media on many occasions.

**NOS National Online Safety**

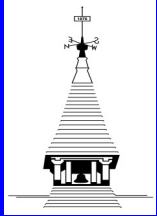
#WakeUpWednesday

<https://www.nationalcybersecurity.gov.uk> | <https://www.nationalcybersecurity.gov.uk/your-account> | <https://www.nationalcybersecurity.gov.uk/your-account> | <https://www.nationalcybersecurity.gov.uk/your-account> | <https://www.nationalcybersecurity.gov.uk/your-account>

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Series of this guide to be an online resource. The ability to be online. Current as of the date of release: 13.01.2023

ANOTHER USEFUL LINK : [Home \(lgfl.net\)](https://www.lgfl.net)



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## Athletics Team





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### Thank you !

*A huge thank you to Mrs Gray for working through the Reception class wish list. Also, thank you to Mrs Billington for donating a fantastic train table and train set. Reception children were very pleased with it!*





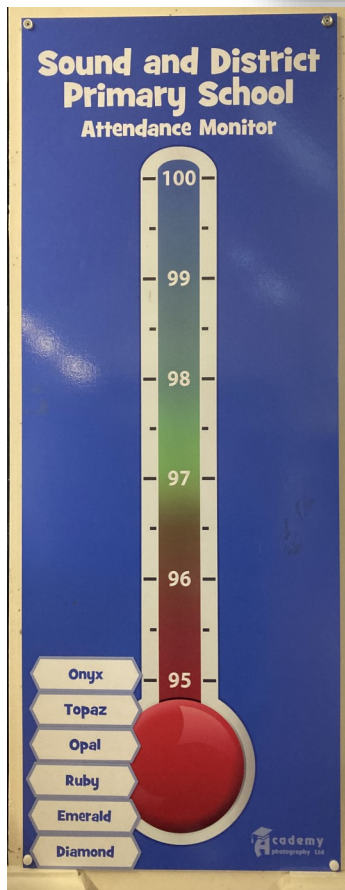
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### Weekly Attendance Results and Winners!



Class	Weeks Attendance Figure
Diamond	96.7%
Emerald	100%
Ruby	93.22%
Opal	96.12%
Topaz	95.00%
Onyx	89.58%



This weeks KS1 winners are  
This weeks KS2 winners are

Emerald Class  
Opal Class



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### Weekly Sound Superstars

#### Diamond Class

Mia, Molly, Eliza, Ira, Noah, Alba, Eva,  
Harrison, Constance, Alex

#### Emerald Class

Arietta, Theo G , Eleanor, William, Kane

#### Ruby Class

William, Maddie, Daniel, Matthew, Maisie,  
Anabel, Tessa, James A

#### Opal Class

Emily, Libby, Nia, Carter,

#### Topaz Class

Charlotte, Jacob

#### Onyx Class

Thomas, Seb, Florence, George R, Sofiya,  
Halle, Maria and Claiton.

